

CURRICULUM VITAE
April 2007

PERSONAL DATA

Mark A. Ilgen, Ph.D.

ADDRESSES

VA Address:

Department of Veterans Affairs, Health Services Research and Development
Serious Mental Illness Treatment Research and Evaluation Center (SMITREC)
PO Box 130170
Ann Arbor, MI 48113-0170
Phone: 734-761-2210
FAX: 734-761-2617

University Address:

Department of Psychiatry
Mental Health Services Outcomes & Translation Section
Rachel Upjohn Building
4250 Plymouth Road, Room 2403
Ann Arbor, MI 48109-5765
Email: marki@med.umich.edu

Mark A. Ilgen, Ph.D.
Licensed Clinical Psychologist: #PSY 20591

EDUCATION

May 2003	University of Colorado, Clinical Psychology; Ph.D.
May 1999	University of Colorado, Clinical Psychology; M.A.
May 1997	Miami of Ohio University Major: Psychology Minor: Neuroscience; B.A.

CERTIFICATION AND LICENSURE

Nov. 2005 - present	Licensed Clinical Psychologist: #PSY 20591
---------------------	--

ADMINISTRATIVE/ACADEMIC APPOINTMENTS

03/2007- Present	Serious Mental Illness Treatment Research and Evaluation Center (SMITREC) Department of Veterans Affairs Research Investigator
03/2007- Present	Department of Psychiatry School of Medicine University of Michigan Assistant Professor
07/2005- 02/2007	Center for Health Care Evaluation VA Palo Alto Health Care System Research Health Science Specialist
09/2003-07/2005	Center for Health Care Evaluation VA Palo Alto Health Care System and Stanford University School of Medicine Postdoctoral Fellow in Health Services Research
09/2002-08/2003	VA Palo Alto Health Care System (APA accredited) Clinical Psychology Intern

CLINICAL APPOINTMENTS

04/2007 - Present	Psychologist: VA Ann Arbor Health Care System Substance Abuse Clinic
-------------------	---

08/2002 - 08/2003	Intern: VA Palo Alto Health Care System. Spinal Cord Injury Unit, Acute Inpatient Psychiatry Unit, Addiction Treatment Service and Health Services Research and Development (HSR&D).
06/2001- 08/2002	Intake Coordinator: Raimy Psychology Clinic, University of Colorado at Boulder.
01/2000- 08/2002	Therapist: Colorado Alcohol and Smoking Lab. University of Colorado at Boulder.
08/2000-08/2002	Therapist: Employee Assistance Program (EAP). The Department of Commerce.
08/2000 - 08/2002	Crisis Worker: Emergency Psychiatric Services. Boulder Community Mental Health Center.
08/1998 - 08/2002	Therapist: Raimy Psychology Clinic. University of Colorado at Boulder.

PROFESSIONAL/CONSULTING POSITIONS

Ad Hoc Journal Review:

Addiction
Drug and Alcohol Dependence
Journal of Studies on Alcohol
Journal of Substance Abuse Treatment
Journal of Women's Health
Psychiatry Research

GRANT SUPPORT

Current

“Enhancing dual diagnosis patients’ involvement in continuing care.” VA Merit Review Entry Program (MREP) Award. VA training grant funded from 10/1/05 to 9/30/08. Role: PI.

“Stress, withdrawal and pain tolerance in substance dependent individuals.” Local Program Evaluation and Resource Center (PERC) funded pilot data collection project. 8/1/06 to 4/20/07. Role: PI.

Pending

“Pain management in opiate dependent patients with chronic pain.” R01 to be resubmitted to the National Institute on Drug Abuse (NIDA). Role: PI.

“Policies and services for suicidal patients in substance use disorder treatment programs.”
Under review by the Robert Wood Johnson Foundation (RWJF). Role: PI.

MEMBERSHIPS IN PROFESSIONAL SOCIETIES

2002 - Present	American Psychological Association
2006 - Present	Research Society on Alcoholism

TEACHING ACTIVITIES

08/1997 - 08/2002	Teaching Assistant: for Introduction to Psychology, Psychopathology, Abnormal Psychology, and Developmental Psychology.
01/1999-12/1999	Lab Instructor: Instructor of lab portion of undergraduate courses in Psychopathology. Labs consisted of combination of lecture and group discussion.
06/1998 - 07/1998	Co-Instructor: Critical Thinking in Clinical Psychology: Focus on Mood Disorders with W. Edward Craighead, Ph.D. Co-lecturer and leader of small group discussions.

Training Workshops

- **Stanford Advanced Biostatistics Seminar:** Helena Kraemer, Ph.D. Weekly seminar on statistical methods for medical research at Stanford University School of Medicine.
- **Supervision Training Seminar:** Jeanette Hsu, Ph.D. Monthly training seminar on theory and techniques for new psychology supervisors. VA Palo Alto Health Care System.

BIBLIOGRAPHY

Peer-Reviewed Publications in Scientific Journals

1. Craighead WE, Page BN, & Ilgen MA. Physical health following a cognitive-behavioral intervention: Comment on Buchanan, Rubenstein and Seligman 1999. *Prevention & Treatment*, 2, 1999.
2. Matthews DB, Ilgen MA, White, A. M., & Best, P. J. Acute ethanol administration impairs spatial performance while facilitating non-spatial performance in rats. *Neurobiology of Learning and Memory*, 72:169-79, 1999.
3. Ilgen MA, Tiet Q, & Moos R. Outcomes of substance use disorder treatment in suicidal and non-suicidal male patients. *Journal of Studies on Alcohol*, 65:643-50, 2004.

4. Ilgen MA, McKellar J, & Tiet Q. Abstinence self-efficacy and abstinence one year after substance use disorder treatment. *Journal of Consulting and Clinical Psychology*, 73:1175-80, 2004.
5. Ilgen MA, Tiet Q, Finney JW, & Harris, AHS. A recent suicide attempt and the effectiveness of inpatient and outpatient substance use disorder treatment. *Alcoholism: Clinical and Experimental Research*, 29:1664-71, 2005
6. Ilgen MA, Moos R. Deterioration following alcohol use disorder treatment in Project MATCH. *Journal of Studies on Alcohol*, 66:517-25, 2005.
7. Ilgen MA, Hutchison K. A history of Major Depressive Disorder and the response to stress. *Journal of Affective Disorders*, 86:143-50, 2005.
8. Ilgen MA, Moos R. Exacerbation of psychiatric symptoms during substance use disorder treatment. *Psychiatric Services*, 57:1758-64, 2006.
9. Ilgen MA, McKellar J, Moos R, Finney JW. Therapeutic alliance and the relationship between motivation and treatment outcomes in alcohol use disorder patient. *Journal of Substance Abuse Treatment*, 31:157-62, 2006.
10. Tiet Q, Ilgen MA, Byrnes H, Moos R. Suicide attempts among substance use disorder patients: an initial step toward a decision tree for suicide management. *Alcoholism: Clinical and Experimental Research*, 30:1-8. 2006.
11. Ilgen MA, Trafton JA, Humphreys K. Response to opioid substitution treatment of opiate dependent patients with and without significant pain. *Drug and Alcohol Dependence*, 82:187-93, 2006.
12. Ilgen MA, Tiet Q, Finney J, Moos R. Self-efficacy, therapeutic alliance, and alcohol use disorder treatment outcomes. *Journal of Studies on Alcohol*, 67:465-72, 2006.
13. Ilgen MA, McKellar J, Moos R. Personal and treatment-related predictors of abstinence self-efficacy. *Journal of Studies on Alcohol*, 68:126-32. (2007).
14. Ilgen, MA, Harris, AHS, Moos, R, & Tiet, Q. Predictors of a suicide attempt one year after entry into substance use disorder treatment. *Alcoholism: Clinical and Experimental Research*, 31: 635-642. (2007).
15. Tiet Q, Ilgen MA, Byrnes H, Finney JF. Treatment setting and baseline substance use severity interact to account for patients' outcomes. *Addiction*, 102: 432-440. (2007).
16. Timko C, Ilgen MA, Moos R. Dually diagnosed patients' psychiatric symptom exacerbation during substance use disorder treatment. *Journal of Dual Diagnosis*. (in press).

17. Levin C, Ilgen MA, Moos R. Coping strategies moderate the relationship between self-efficacy and 5-year treatment outcome. *Psychology of Addictive Behaviors*. (in press).
18. Ilgen MA, Jain A, Lucas, E Moos R. Substance use disorder treatment and a decline in attempted suicide during and after treatment. *Journal of Studies on Alcohol and Drugs* (in press).

Articles Submitted

Ilgen MA, Wilbourne, PL, Moos, BS, Moos, RH. Problem-free drinking over 16-years among individuals with alcohol use disorders. (under review).

Burnette ML, Lucas E, Ilgen, MA, Frayne SM, Mayo J, Weitlauf JC. Prevalence and health correlates of prostitution among patients seeking treatment for substance use disorders. (under review).

Abstracts, preliminary communications and panel discussions

1. "Prostitution among individuals seeking substance abuse treatment: Implications for mental and physical health providers." Poster presented at Society for General Internal Medicine California Regional Meeting, San Francisco, CA. March, 2007.
2. "Predictors of a suicide attempt one year after entry into substance use disorder treatment." Poster presented at Health Services Research and Development (HSR&D) annual convention, Washington, DC., February, 2007.
3. "Patient and Program Characteristics Predicting Improved Outcomes among Individuals with Co-Occurring Psychiatric and Substance Use Disorders." Poster to presented at Health Services Research and Development (HSR&D) annual convention, Washington, DC., February, 2007.
4. "Rates of problem-free drinking over 16-years in a sample of patients with significant alcohol use at baseline." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Baltimore, MD., 2006
5. "Therapeutic alliance and the relationship between motivation and treatment outcomes in alcohol use disorder patients." Presentation at the Eleventh International Conference on Treatment of Addictive Behaviors (ICTAB-11), Santa Fe, NM., 2006.
6. "Treatment intensity and symptom severity in patients with substance use disorders." Presentation at the Health Services Research and Development (HSR&D) annual convention, Washington, DC., 2006.
7. "Risk of suicide attempt in substance use disorder patients." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Santa Barbara, CA., 2005.

8. "Exacerbation of psychiatric symptoms during substance use disorder treatment." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Santa Barbara, CA., 2005
9. "Coping strategies moderate the relationship between self-efficacy and 5-year treatment outcome." Poster presented at Research Society on Alcoholism (RSA) annual meeting, Santa Barbara, CA., 2005.
10. "Iatrogenic effects of treatment for alcohol use disorders." Poster presented at American Psychological Association (APA) annual convention, Washington, D.C.. 2005
11. "Recent Sexual Abuse, Physical Abuse, and Suicide Attempt in Patients with Substance Use Disorders." Poster presented at American Psychological Association (APA) annual convention, Washington, D.C., 2005
12. "Response to inpatient substance use treatment in suicidal and non-suicidal patients." Poster presented at American Psychological Association (APA) annual convention, Honolulu, HI., 2004
13. "Abstinence self-efficacy and alcohol use disorder 1-year treatment outcomes: Is high confidence overconfidence?" Poster presented at the Research Society on Alcoholism (RSA) annual meeting, Vancouver, BC, Canada., 2004.
14. "Treatment setting and suicidality in patients with substance use disorders." Poster presented at Health Services Research and Development (HSR&D) annual convention, Washington, DC, 2004.
15. "The impact of a CBT-IPT prevention program on the academic performance of previously depressed college students." Paper presented at the annual meeting of the Association for Advancement of Behavior Therapy (AABT), Boston, MA., 2003.
16. "A history of Major Depressive Disorder as a predictor of increased sensitivity to an acute stressor." Poster presented at AABT annual convention, Reno, NV, 2002.
17. "Prevention of relapse/recurrence of Major Depressive Disorder among previously depressed college students." Paper presented at AABT annual convention, Toronto, Ontario, 1999.
18. "Ethanol disrupts use of spatial information while enhancing the use of non-spatial information." Poster presented at the Society of Neuroscience, New Orleans, LA. 1997